

The Heritage Times

**THE LUTZ MOUNTAIN
HERITAGE
FOUNDATION INC.**



TRANSFORMATION INTERNALLY AND EXTERNALLY

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The Lutz Mountain Meeting House will be undergoing quite a transformation this summer. Two major donations from the Muriel Lutes Sikorski fund and from the estate of the late Deborah Wood has made it possible to pursue the dream that has been around for many, many years. These donations in concert with the many generous donations from our Community make this dream much closer to reality.

...full article on page 2



THE DREAM – As far back as the 80's and 90's it was always a wish to expand our ability to support greater activities for our Community. We knew we wouldn't be able to complete this project in one fell swoop, so we divided it into three phases:

Phase 1 – In late 2016 and early 2017, with the funding we had accumulated with the help and support of our great Community, combined with additional support from the Federal Government, i.e. Canadian Heritage and ACOA, the Provincial Government i.e. Tourism Heritage and Culture (The Heritage Branch) and our Municipal Government i.e. The City of Moncton, we were able to add a new ground level wheelchair access, new wheelchair accessible washrooms and a new kitchen.

Phase 2 – Because of our success with the Phase 1 project by coming in on time and under budget, there was sufficient funds remaining to continue directly into the next phase. We were able to add a new office and a new Genealogical Research Library.

Phase 3 – A new Foyer and Auditorium – As much as folks love the quaintness and beauty of our existing hall at the Museum, we feel that by adding a new auditorium, it will open up a whole new spectrum of possible activities here at the Meeting House. We would like to see the original heritage building as a full-fledged Museum where more of our local artifacts can be displayed. Meanwhile, we will be attempting to decorate the new auditorium in such a way as to give it warmth and make it inviting to all our patrons. A little history along with some modern touches will make it an ideal Community events center.

We are a not-for-profit, registered charity and under Revenue Canada's statutes, we are allowed to provide charitable tax receipts for all donations. This is a wonderful way to support the Museum and Community center while at the same time taking advantage of the tax break. This will be an expensive up-grade so any and all support will be greatly appreciated.

Meanwhile, due to COVID restrictions the Museum will remain closed to the public, at least for the next few months and possibly to year end. But that doesn't mean there is no activity and/or expenses. We operate with two parallel budgets. One is for our expansion and upgrade program and the other is for our day to day operations expenses.

Yes, we do receive grants from the Province and the Municipality which assist with our operations but it is the splendid efforts of our volunteers in concert with your generous community support at our various fund raisers that make it possible to maintain the Meeting House.

We are always open to new ideas and welcome new volunteers , both of which will assist with fund raising events. Throughout 2020 and on into 2021 we have done our best to maintain many of the traditional dinners, teas and Strawberry social and with the outpouring of Community support, we have been able to maintain our budget in the black, just barely , but all that extra effort has paid off. Many thanks to both the workers and the supporters for keeping the Meeting House alive and well.

Our new President, Rick Wood, is quite a conversationalist and I am told (by my wife) that I talk too much. That being said, we welcome the opportunity to speak with you and address any questions you may have concerning the operations here at the Meeting House. This is a real gem in our Community and we see great things happening in, on and around the Meeting House.

Gerry Gillcash, Executive Director

The Roast Beef Dinner

This dinner has been a favorite for about six years now. It started out as a Hillbilly Dinner and we presented the dinner along with some good old down home music. With the Pandemic, obviously, we could not present any music this year but we did our best to provide a scrumptious take-out meal and that dessert was very well received. This function netted us about \$1,700.00 and is a welcomed addition to our fund raising efforts.

A special thank-you to the Atlantic Superstore for a significant donation of the food for this event. Generosity from our businesses and the ongoing support from our patrons is testimony of the great Community spirit we have in this area. Thank-you, one and all.

We are looking forward to the day we can once again gather and enjoy the talents of the cooks and the musicians. We hope you will join us.

Farmer's Market

This is a new endeavor we hope to present to the Community starting on May 26, 2021.



Heritage Home... with a Twist!

One of our favourite artifacts donated in 2020 is a charming dollhouse. This is not just any dollhouse but one made inside a vintage television set. We'd like to give you a tour around this unusual miniature property!



This four-room dollhouse has been made out of an old wooden cabinet-style RCA Victor television circa 1950-60. The original TV consisted of two sections - a base section to house the speakers and a top cabinet for the screen. It measures 91 cm x 66 cm x 50.3 cm. This type of television set would have taken 'pride of place' as a major piece of furniture in any living room or family room in the mid twentieth century.

The top cabinet has a glass front to display the rooms and the back has been fitted with hinged wooden doors for access. The doors are decorated on the inside to form the back walls of each of the four rooms. The original RCA Victor logo remains on the front, with three holes on the right side for knobs

labelled *Contrast*, *Vert Hold*, *Horiz Hold*. The vertical ventilation slots are still visible on the left side. The hollow base has a small electrical panel to power the lights in the top cabinet. The front of the base section has its original beige and gold fabric with a hole in the centre for a speaker.





The television was converted into a doll's house by Donald Aud, husband of the donor June Aud.

A tour of the interior...



Top Left - The master bedroom has royal blue felt fabric floor; small print patterned wallpaper on two walls; white painted ceiling; back wall has matching wallpaper and a window with metal curtain rod, yellow and white striped tie-back curtains; and a Christmas wreath.

Top Right - The nursery has red felt fabric floor; red and white striped wallpaper with border on walls; white painted ceiling, oval mirror on outside wall. Back wall has matching wallpaper and a window with metal curtain rod, white eyelet tie-back curtains and a Christmas wreath.



Bottom Left - The living room has gold felt fabric floor; gold and cream patterned wallpaper with gold stripe top border on walls; textured white painted ceiling; gold framed picture on inside wall. The back wall has matching wallpaper and a window with metal curtain rod, white lace tie-back curtains.

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Heritage Home Continued

Bottom Right - The dining room has royal blue felt fabric floor; blue and white flower print wallpaper on walls; textured white painted ceiling. The back wall has matching wallpaper and a window with cafe-style curtain rods fitted with white eye valence on top and matching pair of curtains in the centre of the window.



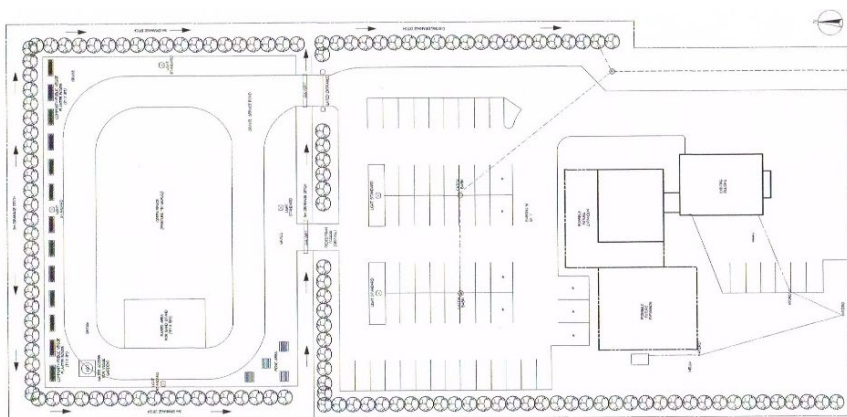
All of the rooms measure 48 cm x 27 cm x 21 cm.



Proposed “Lutz Mountain Meeting House” Community Green Space

Our long-time board member, and “Life Member” Neta Trites, who owns the land adjacent to our Museum property, recently presented us with a parcel of her old homestead.. This land, an acre, is the same width as the northern back of our property and extends northward to form an approximate “square” (1 acre) attached to our rear parking lot. The intended use for this piece of land is a community “green space” which will allow the Meeting House to expand some of its events, develop new activities, and provide community members a local place to relax.....

Currently, a large portion of the land has fallen victim to alders, weeds, and brush which make it unusable. Our goal is to clear away all of that undergrowth, level off the land, add a hearty form of grass/pasture mix to make the property drain better, be firm enough to allow foot-traffic and commercial tents, and be solid ground for events like “Fall Fest” when there may be tractors, farm equipment, trucks, and cars on display.



New Green Space

Existing Meeting House and Parking Lot

Our immediate plan is to start preparing the area ASAP. We would like to correct any flaws, make it level so it could be top-soiled and planted with grass/pasture mix/or whatever is determined to be the most hearty form of lawn we could have in this “green space”. As well, we would construct a gated passageway unto the sight, from the easterly corner of our parking area, and in time, provide an “archway/gateway” naming the area a community green space/park/community garden/special event area in a lasting tribute to Neta.... Some of the thoughts we have already considered for this land area are listed below. And this is just a start, for as time goes on, I’m sure many more “community uses” will emerge.....

- A walking path for exercise completely around the perimeter
- Approximately 12 planter boxes along the northern boundary, facing south, for families to use as garden patches to grow veggies and flowers.
- Park benches, picnic tables, and a small “kiddies playground” so visitors can relax and enjoy the outdoor, country setting our green space would provide.
- A “field area” for small group or individual sports activities, such as those that might be connected with our summer programs offered to children in the community.
- A location to have a few “flea-market/farmers-market” type of events during the warmer times of the year. Possibly weekly, or bi-weekly in the fall season.
- A level grassy area for tents to host weddings, anniversaries, music festivals, etc.

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- An area that could have a raised land “stage” area which would allow musical presentations, short theater productions, or other evening entertainment where the audience would simply bring their own lawn chairs or blankets to sit on under the stars.
- A small building to provide a washroom, storage, canteen, power source for the “stage” area.
- A non paved area for car shows, farm shows, or other motorized vehicle displays, such as during our “Fall Fest or Farm Fest Celebration”.
- What about a “BINGO” night under the stars??????
- It would be a spot where families could gather for a picnic to celebrate anniversaries, birthdays, graduations, etc, etc.....
- Tourists and visitors to our Museum and Genealogy Center would have a place to relax and stay long enough to enjoy an outdoor picnic lunch before heading to other local tourist attractions.

The LMHF Board of Directors can see this simple acre of land providing us with a whole new venue to allow us to become much more involved within our great community. We hope that we can make this community “green space” a vital part of the Lutz Mountain Community life, and that it would become well used by all who shared in its development.... More ideas??? Pass them on to the office in writing so we can discuss them at the monthly Board Meeting. It will be YOUR “community green space....please have a say in its development”!!!

.....Richard Wood, President



Sauerkraut

Sauerkraut, although a German Name meaning sour cabbage, it actually derives from China along about the time the Great Wall was being constructed. Many recipes are available all across Europe and North America. Where did MY Grand Parents recipe come from? Across Europe and eventually to Ireland and passed down from our ancestors or through the immigration of the original settlers of Moncton.

These immigrants were of German descent and migrated from Germany via Pennsylvania and on to the Bend in the River to establish land grants offered by the British. They too would have been very familiar with sauerkraut. Sauerkraut, along with pork, is eaten traditionally in Pennsylvania at New Years. It is thought to bring good luck for the upcoming year.



Sauerkraut Barrel

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The process of producing Sauerkraut is not overly difficult. My Grand Father's first step would be to harvest the cabbage from his garden and discard the top wilted leaves. He would then quarter them and cut out the heavy white core material. The cabbage is ready.

Grampy always had two large barrels/puncheons specifically for that purpose. They would pour several kettles of boiling water around the inside of the barrels to ensure no unwanted germs. But once this whole fermentation process is complete, it is highly unlikely that any germs would have survived anyway. Sauerkraut is sufficiently acidic to prevent any toxins which cause botulism.



Cutter

At any rate, the barrel is ready. A sliding box cutter was placed across the top of the barrel. Several pieces of the quartered cabbage are added to the box. As you slide the box back and forth, there is a blade in the bottom of the slide and the cabbage is sliced and drops into the barrel.

Mind you, don't put your fingers in that box unless you want red cabbage. Once a few inches of fine cabbage has accumulated, salt is added and then a large wooden punch is used to pound the cabbage. Then more cabbage, more salt and more pounding until the barrel is almost full.

A wooden cover is placed directly on the cabbage (not on the barrel) and a large rock (20-30 pounds) is placed on the top for weight. This is when the fermentation process begins. Biologically, there are three phases to the bacteria which results in the fermentation but to the farmer, they would watch the rock and the cover slowly sink and the liquid would rise. After a few days, the liquid would start to disappear again. A few more days and presto – you have "Sauerkraut".

Sauerkraut will keep for months if kept cool. My Grandfather kept theirs in an unheated back porch and it kept there right through to Spring. It was a bit of a treat to go out to the shed in the middle of the winter, lift the cover and scrape the frosty sauerkraut out and eat it raw. But, bring some in to Grammy, add some pork hocks and a bunch of vegetables and Wow, what a meal.



Masher



The Lutz/Lutes Family Scholarship

The Michael Lutz (1766) Descendants and the Lutz Mountain Heritage Foundation Inc. are pleased to be able to offer two \$1,000.00 scholarships for 2021. Congratulations to Minji Kim and Jacintha Shankle.

Minji attended Moncton High and was very involved in school activities and had exemplary academic achievement. She will be attending Dalhousie University pursuing a Bachelor of Science degree in Medical Science. Best of luck in all your future endeavors.

Jacintha attended the Yarmouth Consolidated Memorial High School and her teachers were impressed with her intelligence, dedication and motivation. She will be attending Acadia University pursuing a Bachelor of Arts degree, majoring in Sociology and the goal of becoming a Social Worker. We wish you all the best in your future studies.



Market Advertisement



Shop Local, Support Local at the Mid Week Outdoor Market

Come for dinner, a sweet treat, purchase a gift from local artisans, seasonal produce, fresh herbs for your garden, and more!

Support your Neighbours, and the Lutz Mountain Meeting House 3143 Mountain Road, Moncton!

Every Wednesday evening from 4 p.m. – 8 p.m., starting May 26 through September 1

For additional information please contact

yourmidweekfarmmarket@gmail.com

506.962.8870

See you at the Market

Upcoming Events at Lutz Mountain Meeting House 2021

Sat	May 8 th	Spring Salad Supper	4:30 pm to 6:00 pm
		Take-outs by reservation 384-7719	
Wed	May 26 th	Muriel's Tea	11:30 am – 1:00 pm
		Tale-outs by reservation 384-7719	
Wed	May 26 to Sept. 8 th	Farmer's Market	4:00 pm to 8:00 pm
Wed	Jun 30 th	Muriel's Tea	11:30 am to 1:00 pm
		Take-outs by reservation 384-7719	
Tue	July 6 th	Strawberry Social	6:00 pm to 8:00 pm
		Take-outs by reservation 384-7719	
Wed	July 28 th	Muriel's Tea	11:30 am to 1:00 pm
		Take-outs by reservation 384-7719	
Wed	Aug 25 th	Muriel's Tea	11:30 am to 1:00 pm
		Take-outs by reservation 384-7719	
Sat	Sep 11 th	Fall Fest & Flea Market	9:00 am to 2:00 pm
Wed	Sep 29	Muriel's Tea	11:30 am to 1:00 pm
		Take-outs by reservation 384-7719	
Thu	Sept 16	Weekly Fiber Arts begins	10:00 am to 2:00 pm
Sat	Oct 16 th	Fall Ham & Scallop Supper	4:30 pm to 6:00 pm
		Take-outs by reservation 384-7719	
Wed	Dec 1	Christmas Tea	11:30 am to 1:00 pm
		Take-outs by reservation 384-7719	
Wed	Dec 8 th	Christmas Concert	7:00 pm

This is a tentative Calendar of Events;
Please check our events board, our Facebook page or website
(www.lutzmtnheritage.ca) for any updates.

**THE LUTZ MOUNTAIN
HERITAGE FOUNDATION
INC.**

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For Special Occasion Bookings: office parties, business meetings, bridal / baby showers, or family functions; contact us at the meeting house.

Artists and Musicians: Please speak to any of our staff about displaying your art work, or offering your musical talents, for one of our gatherings.

The Lutz Mountain Heritage Foundation Inc. was incorporated in 1975. The Corporation is managed by a 15 Member Board of Directors.

Membership is open to all.

Please see our website for details

We are proud of the Foundation's accomplishments over the years and seek your ongoing support and encouragement. We invite you to consider volunteering – act as a tour guide, be a waitress for Muriel's Tea Room, sign up for an hour a month to maintain the flower garden, start up or suggest a special interest program, display your collections, or lend a hand in the kitchen.

FUNDING SPONSORS

The Lutz Mountain Heritage Foundation wishes to acknowledge our sponsors:

Federal Government Student Employment Program;
Province of New Brunswick Heritage Branch;
Community Museums Summer Employment Program
Programs;
City of Moncton;
Private Donors; and
Community Supporters.

THANK YOU FOR YOUR SUPPORT